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Fasting & Prayer

Concerning your inquiry about fasting and prayer.
Just some experiences I, personally have had in the last short while concerning fasting & prayer.

First of all I will give some scriptures the bible says about fasting.

Luke 5:33-35 And they said unto him, Why do the disciples of John fast often, and make prayers, and likewise the disciples of the Pharisees; but thine eat and drink?

34 And he said unto them, Can ye make the children of the bridechamber fast, while the bridegroom is with them?

35 But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days.

Matthew 17:21 Howbeit this kind goeth not out but by prayer and fasting.

Mark 9:29 And he said unto them, This kind can come forth by nothing, but by prayer and fasting.

Acts 10:30 And Cornelius said, Four days ago I was fasting until this hour; and at the ninth hour I prayed in my house, and, behold, a man stood before me in bright clothing,
THESE ARE FROM THE KJV BIBLE.

My friend went to the Baptist Church two weeks ago and the pastors son, which is the assistant pastor. Spoke on the Christians authority through prayer, my friend said it was a good sermon but he never once mentioned fasting. They use the NIV and ASV bibles, I have been labeled a heretic by them because I have made the statement that so many of these new translations leave so much of the important scripture out. A person should at least read the KJV to see what's missing. My friend talked to him afterwards and ask why he never

mentioned fasting? He opened his bible and read the three scriptures in Mt, Mk, & Acts. The pastor opened his bible and this is what he read.

Mt 17:21 Blank

Mr 9:29 He replied, "This kind can come out only by prayer."

Ac 10:30 Cornelius answered: "Four days ago I was in my house praying at this hour, at three in the afternoon. Suddenly a man in shining clothes stood before me"

The word fasting is eliminated all together, and the pastor said, "I never knew that, I'll have to double check from now on."

What do you expect, he has been taught at home and in seminar that the KJV is outdated and it wasn't till he was shown the drastic difference that his eyes were at least half opened? We will see if his eyes will be opened wide or if religion and tradition will close them.

I checked 7 translations and fasting is not mentioned at all, the **NIV, ASV, RSV, NRSV, NASB, BBE, MNT**. See how easy Satan leads people down the garden path!

The other incident I want to share is concerning a young Christian lady, she has had 4 jobs in 3 years. Her problem was her attitude and rebellion against church, Christian fellowship or bible studies. And the Lord help you, if you tried to give her any advise let alone correction. She was turning again to the worldly things for peace and comfort, I told her that it was the forces of Satan that was feeding her all these lies and that if she would not repent and resist the devil, HE would cause her nothing but grief.

It wasn't two weeks after I shared this with her that she was on her way to work. When she took her eyes off the road and hit the ditch. To make a long story short, she didn't roll the

car but did very extensive damage. That night I felt the Lord say Fast & Pray 3 days, no food or water for her release from these satanic spirits that have been plaguing her. He told me it was the spirit of **Insecurity** and the spirit of **Inferiority**. I didn't share with her that I was fasting but I did tell her she had to tell the devil to take a hike.

I bound these spirits and cast them away from her, and loosed a teaching and understanding spirit from God. **Matthew 16:19 KJV.**

At the end of the fast, she called and boy the change in her attitude was exhilarating, She admitted she needed help and fellowship, she has been going to church with her mom and bible study with my group. I had ask her to call a couple that their ministry is helping people get back to a right relationship with Christ. They said that just outside of fellowship there was nothing wrong, she admitted she had been listening to Satan and had repented and once again had the presence and peace of God. They had never met her, but sure noticed the shine on her face and the glow in her spirit. The bible study group says the same.

These are the results of just a 3 day fast and prayer, I have seen results like this before and it is no doubt WHY Satan wants fasting and prayer removed from the bible. You see prayer is powerful BUT combine that with fasting and according to **Mark 9.29 This kind can come forth by nothing, but by prayer and fasting.**

You see, Fasting is to prayer, what a full tank of gas is to a car!

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