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I have titled your question
You are AS Healthy as you Think.

Proverbs 23:7 For as he **thinketh** in his heart, so is he:

Matthew 4:4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth **out of the mouth** of God.

In other words, when god says: "I am the Lord that healeth thee," or, "With his stripes you were healed, or, "Call upon me and I WILL answer."

The modern Christian figures he only put that in the bible for filler, and not to be taken literally.

Psalms 103:1-3 **Bless the LORD**, O my soul: and all that is within me, bless his holy name. **Bless the LORD**, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; **Who healeth all thy diseases;**

It's amazing how the mind works.

Believe it, fear it, and the body begins to manifest it.

APPREHENSION leads to tension. TENSION leads to distress.

DISTRESS leads to stress and stress leads to DISEASE.

Job (a character in the Bible) said, Job 3:25 For **the thing** which I greatly feared is come upon me, and that which I was afraid of is come unto me.

God tells us in his word that once we except his grace and forgiveness, **WE** have to renew our mind,

Romans 12:2 And be not conformed to this world: but be ye transformed **by the renewing of your** mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

YOU SEE, man in their attempt to control everything bombards you with the symptoms of sickness. With the internet now, you can look up all the diseases known to man and verify your symptoms. **WHEREAS** if you look up in the bible you will find a promise from God as to how Jesus paid for the redemption of every sin, sickness and disease that ever was or ever will be. **WHEREAS BOTH** the internet and the bible take faith or belief in what it says. By this I mean, as you read the commentaries you say, yes I have cancer, sugar diabetes or whatever you're looking up. **FUNNY** how there is no lack of faith when trusting man but when it comes to God keeping you from a little thing like the common cold, you have no faith or I should say. You **THINK** it is too insignificant for the Lord to deal with. I tell you a truth, IF you cannot defeat Satan's symptom of the common cold, how do you expect to defeat temptations or things worse such as cancer, lupus, diabetes, depression or the daily encounters of sickness in general.

Now there will be those that read this and say, "Now that isn't realistic." And the answer is '**NO**', **BUT NEITHER IS SIMPLE FAITH.**

The first testimony of Devine health, was the children of Israel in the desert for 40 years, even their cloths and shoes didn't wear out. (look it up yourself)

There are also christian people that have learned to trust God completely and have gone five, ten, twenty years and more without so much as a common cold. ALL sickness is of the devil and if you rebuke the symptoms he throws at you in Jesus name and refuse to believe man and the symptoms you can experience Gods deliverance. Just because you **FEEL** sick don't mean you are unless you except it. If you are not spiritually minded, you will not understand this at all.

FAITH does not go by feelings or seeing, or tasting, or smelling but it does by hearing the word of God.

Romans 10:17 So then **faith cometh by** hearing, and hearing by the word of God.

Germs don't really cause disease.

An immune system that is weaker than the germ causes disease. (people will refute this)

Fear weakens the immune system, spiritually and physically.

The very thought helps to Manifest the thing, whether it be good or bad.

Situations in life don't break us or make us miserable. When we come across a situation that our spirit is not strong enough to properly handle, then that situation makes us Miserable **because our spiritual immune system is weak.**

Don't be afraid of the tests of life. You are healthier than you think.

Or maybe, just maybe, You are AS Healthy as you Think.

I am not saying anyway, shape or form, that if you have a condition, that you are a sinner or out of the will of God. Look at the Apostle Paul, he intreated God three times to take it from him, but rather God gave him inner peace about it.

That is the **KEY**, for anyone wanting to know if there in the will of the Father. If you have total inner peace about it, no matter what the religious world says, then only God can give you that peace, if it is not of God or in his will, you will not have total peace.

Now the bible does say that we can sear are conscience to whereas we do not have any convictions, but that happens after a long period of time, when we put our desires ahead of God. If you do not believe that, then just look at the religious world today.

Trust this will give you further insight.

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